

Coastal Bend Association of Health Underwriters



CALENDAR

July 6th BOD Meeting

July 13th CBAHU Monthly Luncheon & Small Employer Certification

July 16 Strategic Planning meeting

August 3 BOD meeting

August 10th CBAHU Monthly Luncheon



INSIDE THIS ISSUE

Polly's Ponderings

Monthly Luncheon Invite From President

CBAHU THANKS for MOM

CBAHU Wellness Recipe



July 2010

Polly's Ponderings...

Today is my first official day as President of CBAHU. I am really excited about the upcoming year for our association. This is the most important time to be a member and an exciting time. The State of Texas won a plethora of awards at the NAHU conference. CBAHU did well at state, but did not win an award at national.

Next year we are going to kick butt! Denise Villagran is our award chair and she does a dynamite job. We all have to help her so we can achieve not only state recognition, but also national. I am not sure that all of you knew that NAHU proposed a dues increase of \$50 effective 1/1/2011, \$25 in 2012, and \$25 in 2013. During the House of Delegates, that proposal was amended and there will be a one-time increase of \$75 effective 2011 on our annual dues, which is \$6.25 per month. There are no plans to increase either state or local dues, I personally know the value of my membership and I hope everyone else does as well. Tina Durand, Denise Villagran, Will Heavin, and myself attended the NAHU annual convention in Chicago, June 27-30. It was very informative and a lot of fun. I want to share with you a brief summary or update of what is going on with HR 3590 (Patient Protection and Affordable Care Act) and HR 4872 (reconciliation of 3590) that were signed into law March 23, 2010 by President Obama: Most all carriers have already implemented the provision of allowing children to stay on their parent's policy even if married until age 26. Check with your carriers to see how they are implementing this. Effective 9/23/10, all children 19 and under will have no pre-existing condition exclusion and be guaranteed issue. For group plans this will apply on their first renewal on or after 9/23/2010. The MLR (minimum loss ratio) provision will go into effect 1/1/2011 requiring large group markets to spend 85% of their revenue on claims payments, and small and individual markets to spend 80% on claims. NAHU is fighting hard on our behalf to make sure commissions are a pass through cost and ARE NOT counted in the 15% or 20% the companies have left over after paying claims. This is crucial as we do not want to go to a per head monthly commission for medical commissions. For questions or further information on any of this, the NAHU website has a plethora of information on the legislation that is at your disposal. Contact www.nahu.org for all your questions. NAHU also has the following email address you can send your questions to which is reformimplementation@nahu.org. We all need to have our "Ducks in a Row" as we proceed forward. That is my theme for this year. You can do that by being a member of CBAHU, TAHU, and NAHU. I look forward to seeing all of you at our membership luncheons. Look forward to seeing all of you at the luncheon next week where Misty Baker will be teaching the Small Group Benefits Certification.

CBAHU President, Polly Harris



CBAHU Executive Board

President	Polly Harris
President Elect	Leo Barrera
Vice President	Denise Villagran
Treasurer	Elsie Gaertner
Secretary	Shelley Love
Past President	Tina Durand

Committee Chairs

Membership	?
Awards	Denise Villagran
Hospitality	OPEN
Legislative / GRIP	Leo Barrera
Grip Goddess	?
Education	Laura McClelland
Media	Robbi Burgess
Public Service	Nidia Hafer
Newsletter	Laura Hebert
Website	Tiffany Pharis
Sponsorship	Gae Callaway
Care Chair	Cindy Gentry

Trustees

Rick Ott, Kelli Campion, Annie Castro, Laura Hebert, Nedra Clingan

Trustees Emeritus

Diane Lee, Kathy Greene, Denise Villagran

Kudos Korner

CBAHU is having a monthly Membership Luncheon in conjunction with the 8 hour CE. We will hold our monthly meeting during lunch. Lunch will be \$20. Grip tickets are \$1 a piece or 7 for \$5. Look forward to seeing everyone who is not signed up for the CE to come to lunch. Remember we are at the Hilton Garden Inn on SPID. Lunch will begin around noon. You might hear a little on Health Care Reform!



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CBAHU Wellness Recipe!!

ASIAN COLESLAW

16 oz. Bag of shredded cabbage	Combine vegetables in a bowl.
½ cucumber, peeled and sliced	Combine dressing ingredients in a separate bowl and mix well. Pour dressing over vegetables and toss to coat.
1 red bell pepper, sliced thin	
3 green onions, chopped	
15 fresh basil leaves, shredded	

Dressing

- ¼ tsp. Crushed red pepper flakes
- 1 clove garlic, minced
- ¼ cup distilled vinegar
- 2 tsp. Sugar
- 1 tsp. Low sodium soy sauce
- 2 tsp. Extra-virgin olive oil
- 1 tsp. Toasted sesame oil

Serves 6. Per ½ cup: 90 calories
9 carbohydrates, 3 g fiber, 6 g fat



Insuring the health of our community, one person at a time.

At UnitedHealthcare, we're dedicated to the communities we serve, and believe nothing should stand in the way of quality, affordable health care. We're forging ahead with innovative plans that offer convenient access, tremendous value, and practical solutions to help our members enjoy better health while keeping their costs down. We're proud to be affiliated with organizations committed to similar ideals. That's why we're honored to sponsor the Coastal Bend Association of Health Underwriters.



Robbi Burgess,
Account Executive, Corpus Christi



May 3, 2010

Coastal Bend Association of
Health Underwriters

c/o Leo Barrera

P.O. Box 271528

Corpus Christi, Texas 78427

Re: Gift to Mission of Mercy

Dear Members:

There is nothing quite as satisfying as receiving a gift from the hearts and pockets of those who truly understand the work we are doing in the community. Thank you.

Your gift of \$2700.00 will cover all operation costs of a clinic morning. For those who have not seen the clinic in action, please come and see how your gift makes our mission possible.

Your gift came at a time when many doors had closed to our funding requests...and they continue to do so. It is quite ironic that some of the largest industries in our community are not able to provide operating costs support, yet your small group delivered one of the largest private donations we have received. The difference is the mind and heart connection of understanding how important it is to the entire community to help working uninsured and under insured patients have access to consistent and quality healthcare.

Thank you again for the wonderful partnership between CBAHU and Mission of Mercy. We appreciate being "adopted" and look forward to many great years together.

Gratefully,

Patty Clark

Executive Director

P.O. Box 8341

Corpus Christi, TX 78468

361.883-5500

PClark@AMissionofMercy.org

Administrative Office:

719 S. Shoreline, Suite 103 Corpus Christi, TX 78401

www.aMissionofMercy.org

Tax I.D. 86-0704883