

# Coastal Bend Association of Health Underwriters



September 2010

## CALENDAR

**September 7th 2010,**

**September 17 Sales  
Symposium**

**September 17 CBAHU  
Monthly Luncheon**



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## **Polly's Ponderings...**

I am really excited about our Sales Symposium that will be Friday, September 17, 2010. Nedra Clingan has a great day planned. We have some great CE's that I think that you will enjoy. If you have not already registered, get your money to Elsie before the Early Bird Special is over. That day is Wednesday, Sept. 15. Our theme this year is "The World Series of Baseball." Wear your favorite baseball team jersey. We are planning a great tailgate party at lunch. Our luncheon speaker is the Honorable Judge Lloyd Neal.

Leo Barrera, Eddie Garcia, Denise Villagran, and myself are meeting to plan a legislative night for all brokers. We are hoping to do this once a quarter. If you are interested in participating or want more information please contact me, [polly@pollyharrisins.com](mailto:polly@pollyharrisins.com) or Leo Barrera, [Leo.Barrera@bactpa.com](mailto:Leo.Barrera@bactpa.com).

Check out our website. Tiffany Pharis has really been working on this to get it updated. Take a look.

AT our last meeting we had Blake Farenthold speak. He is running for the 27 District for US Congress. He had some interesting ideas.

This is going to be short and sweet. I hope to see everyone at the Sales Symposium. We are excited because we have agents from the Valley coming!

Thank you so much for being a member of our Association. Remember to keep your ducks in a row.

CBAHU President, Polly Harris



## CBAHU Executive Board

President	Polly Harris
President Elect	Denise Villagran
Vice President	Bob Corrigan
Treasurer	Elsie Gaertner
Secretary	Shelley Love
Past President	Tina Durand

## Committee Chairs

Membership	Nidia Hafer
Awards	Denise Villagran
Hospitality	Laura McClelland
Legislative / GRIP	Leo Barrera / Eddie Garcia
Grip Goddess	?
Education	Nedra Clingan
Media	Tina Durand
Public Service	Patricia O'Brien
Newsletter	Laura Hebert
Website	Tiffany Pharis
Sponsorship	Gae Callaway
Care Chair	Cindy Gentry

## Trustees

Rick Ott, Kelli Campion, Annie Castro, Laura Hebert, Nedra Clingan

## Trustees Emeritus

Diane Lee, Kathy Greene, Denise Villagran

## Kudos Korner



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**Robbi Burgess,**  
Account Executive, Corpus Christi

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## CBAHU Wellness Recipe!!

1-10 in whole-wheat, low fat tortilla

2 Tbsp light cream cheese

3 leaves of Romaine lettuce

¼ cup shredded cabbage

2 Tbsp shredded carrots

2 red bell peppers, sliced in strips

1-2 Tbsp chopped red onion

Fresh blue cheese crumbles *\*Add your favorite vegetables to create variety.*

**Serves 1** 183 calories, 34g carbohydrates,

1 g fiber, 7 g protein

614 mg sodium

Spread cream cheese over tortilla.

Top with lettuce leaves and then arrange the filling in a row along the center one-third of the tortilla.

Sprinkle a few blue cheese crumbles on top. Roll tightly and cut in half.



# TAHU MEMBERSHIP BLITZ!!!!

**Starts today!!**

**You all earn your living by selling  
Now is the time to sell and protect your living  
The higher our member number the bigger our voice  
We can make a difference in November!**

SEPTEMBER 1<sup>ST</sup>- OCTOBER 31<sup>ST</sup>

November will be here before you know it, so let's have a  
**Blitz!**

Any TAHU member who *sponsors* a new member between

***September 1<sup>st</sup> and October 31<sup>st</sup>***

**will be entered into a drawing for**

***two \$100 prizes***

The more new members you bring in, the better chance of  
having your name drawn.

*TAHU is 1869 members strong today, but 1900 has such a nice  
ring to it.*

What do you say Texas?

Let's let them hear from 1900 TAHU members in November  
and have a little fun doing it!!

Susan F. Burdette, CEBS  
TAHU Membership Chair

*(See page 4 for a membership application)*

**COASTAL BEND ASSOCIATION OF HEALTH UNDERWRITERS  
NAHU MEMBERSHIP APPLICATION**



Last Name	First Name	Designation (s)
Company	Title	Referred by / Sponsor
Mailing Address		City State Zip
Telephone	Fax	Email Address

Home Address (for Legislative Purposes)      City      State      Zip      Home phone number

<b>Full NAHU Membership:</b>	NAHU Dues \$195.00	<input type="checkbox"/> Check payable to NAHU	Local Affiliate Member: \$55.00 Renewable billed Jan 1 <sup>st</sup> (Current full member of another TAHU Chapter) Local Associate Member: \$50.00 Renewable billed Jan. 1 <sup>st</sup> (support staff not working in sales capacity) Bank draft not available for Affiliate & Associate Memberships. (Checks payable to CBAHU)
	TAHU Dues \$100.00	<input type="checkbox"/> Monthly Bankdraft \$25.83/mo	
	CBAHU Dues \$15.00	<input type="checkbox"/> VISA, M/C, AMEX	
	<b>Total Dues \$310.00</b>		

Credit card # \_\_\_\_\_ Signature: \_\_\_\_\_  
 Expiration Date: \_\_\_\_\_ Val. Code \_\_\_\_\_ Circle One: VISA    M/C    AMEX

**Bank Draft Authorization:** I / We hereby authorize the National Association of Health Underwriters to initiate debit entries to my / our account named at the Bank below, hereinafter called BANK. This authority is to remain in force and effect until BANK has received written notification from me / us of its termination in such time and in such manner as to afford BANK a reasonable opportunity to act on it.

**(A BLANK VOIDED CHECK FROM THE ACCOUNT YOU WISH TO HAVE DEBITED MUST ACCOMPANY THIS APPLICATION)**

Name \_\_\_\_\_ Bank Routing \_\_\_\_\_ Account \_\_\_\_\_  
 Signature \_\_\_\_\_ Date \_\_\_\_\_

**Mail Application & Check to:** Nidia Hafer - Membership Chair      Ph# 361-658-5630  
 Via email: ndhafer@sbcglobal.net      Fax# 361-852-9001

**Please indicate your area of practice:**

<input type="checkbox"/> Long Term Care	<input type="checkbox"/> Disability	<input type="checkbox"/> Managed Care	<input type="checkbox"/> Retirement
<input type="checkbox"/> Individual	<input type="checkbox"/> Large Group	<input type="checkbox"/> Small Group	<input type="checkbox"/> Worksite Marketing
<input type="checkbox"/> TPA	<input type="checkbox"/> Self Insured	<input type="checkbox"/> Medicare Supplement	<input type="checkbox"/> Dental

**Board Committees I'd to help on:**

Membership     Special Events     Newsletter     Education events (CE)  
 Legislation     Anywhere I can be useful